

Monday

Kids class at 5:30

Adult Gi JiuJitsu at 6:30

Adult NoGi at 7:30

Tuesday

Adult NoGi at 12:00 Noon

Kids Striking at 5:30

Adult Beginner Striking at 6:30

NoGi JiuJitsu at 7:30

Wednesday

Kids Class at 5:30

Adult Gi JiuJitsu at 6:30

Open Roll at 7:30

Thursday

Adult NoGi at 12:00 Noon

Wrestling at 5:30

Striking at 6:30

NoGi JiuJitsu at 7:30

Friday

Wrestling at 4:00

Kids Class at 5:30

Adult Gi at 6:30

Adult NoGi 7:30

Saturday Closed

Sunday

Woman's JiuJitsu at 2:00

Open Mat at 3:00



Pejak Martial Arts

**401 East 5th Street
Claremore, OK 74017
918.671.1215**

claremorejiujitsu@gmail.com

www.pejakmartialarts.com

May 2024

